

Over half of all adults in the United States will suffer from a heart attack, cancer or stroke in their lifetime. 85% of these incidents can be prevented or successfully treated with early detection.



# PREVENTIVE HEALTH SCREENINGS

for Cardiovascular Disease and Cancer Prevention

**10 SCREENINGS PACKAGE  
ONLY \$325**

With SDG&E  
Employee Discount

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\$375 per Family Member  
Flexible Spending Account Dollars Apply  
Valued at over \$4,000 in Hospitals

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**Schedule your appointment:  
Call 949-661-0111  
or 888-55-HEART**

**WHEN:  
SEPTEMBER 7 AND 8, 2022**

**WHERE:  
KEARNY BASE IN  
CONFERENCE ROOMS  
A, B, & C**

## CARDIOVASCULAR/STROKE SCREENINGS

### #1 Echocardiogram

Ultrasound to detect early signs of heart disease.

### #2 Carotid Ultrasound

Screens for fatty plaque in the carotid artery to detect stroke.

### #3 Aortic Aneurysm Screening

Detects early signs of an aortic aneurysm using ultrasound.

## CANCER SCREENINGS

### Abdominal Cancer 5-in-1 Screening

### #4 Liver - #5 Kidneys - #6 Pancreas\* - #7

Gallbladder -

### #8 Spleen

Screens for early signs of cancer using ultrasound.

### #9 Thyroid Ultrasound

Screens for early signs of cancer using ultrasound.

### #10 Colon Cancer Screening

A safe and effective at-home test that yields immediate results.

Complimentary with screening package

## OPTIONAL SCREENING

### Pelvic Ultrasound Screening for Women

Detects abnormalities in the uterus, ovaries, and endometrium.

\*Some areas of the pancreas cannot be seen using ultrasound